

The Heart and Soul of a Place

Whether you live in a 12th century village in England or a rural community in western North Carolina, there is something about a place with a farmer's market. A farmer's market represents not only a town but the community spirit within it. Without one, it can feel as if the decades or centuries of heart and soul have been lost.

My in-laws live in a very old village in England with an 11th century manor house from where one of the original owners rode off to fight in the crusades. Historic stuff maybe, but the village has lost a centuries old farming/community connection, its farmer's market. It's quaint, yes, but it really has lost its heart.

Kings Mountain's may not be a thousand years old but it has its own history and a unique element few other towns have. It has a railroad running through its center. This bygone of the industrial age has it all, almost. The farmer's market is the perfect companion to the history and soul of the place.

It's time to get involved and keep the heart of this community beating loud.